

The Colan Companion

Issue 252 - July / August 2026

Colan Parish Council

Dear Residents,

Well that was some heat wave during the Whitson Half Term, with the weather breaking and giving us rain just as the children returned back to school, excellent timing and certainly I suspect the rain was very welcomed by all the keen and not so keen gardeners.

The May meeting of the Parish Council was also the Parish Council A.G.M and I am pleased to say that Mr Derek Luscombe was unanimously re-elected as the Parish Council Chairman with Marc Dummett being also unanimously re-elected as Vice Chairman.

The Cricket Club are in the process of making arrangements to purchase a suitable storage container, which will be sited alongside the hedge that is between the cricket pitch field and the back recreation field, this container will be adapted to be made suitable as a changing room come storage area for their use, and the possible use of the Godolphin based football club who are hoping to join the Sunday league teams, this will be subject to them getting the funding to relocate to the back recreation field which is adjacent to the Cricket Pitch.

The work that the Parish Council intend to take place regarding the construction of a pedestrian footpath which will be created alongside Trewarne lane has been postponed until post September, this delay is to ensure that all environmental issues are fully addressed prior to construction.

By the time you read this Parish News item Cormac will have seeded the grass verges alongside West Road and hopefully vehicle owners will respect the work that has

been done and will no longer park on these areas. The cost of the work has been very kindly paid for by the owners of the Coastline Housing development, part of which fronts West Road.

The Parish Council have voted not to support Planning application PA26/01902 which is an application for up to 248 housing units on land that is partly adjacent to the lane that leads down to the former road Chapel Rail crossing. Full details of the Parish objection are on the Council Planning Portal. The Parish Council mindful of the updated planning policy and the requirement for Cornwall to achieve a new higher housing target are not anti-development, but are determined not to support development in areas that clearly unsuitable and this is such an area.

The process of forming a steering group to produce a neighbourhood plan is underway, and when completed along with a time table. Steps will then be taken to communicate regularly with the residents of our Parish to understand their views and how they would wish their parish to evolve and where they see further development etc and so forth. This plan will be for growth, change and investment. The core objective will be to understand your views and where ever possible to reflex them in the Plan which when submitted to Cornwall Council will be taken into account when preparing their new local plan.

The Parish Council meets on the last Wednesday of each month with the exception at the current time of December. Meetings start at 7.30 and you would be most welcome to come along. There is an opportunity to bring any matter that may concern you to the attention of the Councillors at Public Speaking time, which is an item at the start of the meeting. We look forward to seeing you.

Have a wonderful summer.

Best regards,

John Fitter

Colan Parish Councillor



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Police Crime Report for the Colan area

Unfortunately, there has been an unexpected increase of vehicle interference, it appears to be a single male trying car doors, usually late night, or early hours of the morning. We can all be guilty of not locking cars at night, but let's not make it easy for the criminal. The male is looking for small items such as lose money, wallets, and electronic items.

Electric bikes are becoming more prevalent on our streets; we are working closely with local Schools regarding education and there are seizures of the bikes.

I personally advocate electric bikes I own one and use it to commute, however mine is legal as it has pedals and its power output is not exceeding 250 Watts and it does not assist after 15.5 miles an hour, plus I am unfortunately older than 14 years of age. If your bike is legal, you can use it on cycle paths and the road without insurance.

Below is just to clarify.

Electric assistance can only be provided to a maximum of 25kph (15.5mph)

The motor used must be of no more than 250 Watts (maximum continuous rated power)

The e-bike's pedals must be in motion for motor assistance to be provided

The rider must be 14 years of age or over

Have a safe summer everyone,

In an emergency please always call 999.

Kind regards,

PSCO Paul Price
 Police Community Support Officer
 Newquay Police Station



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COLAN CUIK CUIZ #32

A fun quiz to enjoy over your Whiskey and Soda.

Sorry no prizes.

Compiled by Albatros

1. In Morse Code, which letter is represented by a single dot?
2. What is the world's largest island?
 - a. Borneo
 - b. Madagascar
 - c. Greenland
3. In March, who won the Oscar for Best Actress for her role in 'Hamnet'?
4. Author DH Lawrence lived 1885-1930. For what do his initials stand?
 - a. Dennis Harold
 - b. Donald Henry
 - c. David Herbert
5. First sold in the early 1970's, the code-breaking game Mastermind uses how many colours of peg?
6. In which year was the London Marathon first run?
7. Which car company produced the 'Laguna'?
8. What was the name of Christopher Robin's teddy bear?
 - a. Edward
 - b. James
 - c. Horace
9. Which of these three letters does not appear in any of the names of U.S. states?
 - a. Q
 - b. X
 - c. Z
10. What is the young of a swan called?
11. What metal combines with Copper to produce Brass?
12. Which British bird lays its eggs in other birds nests?
13. What colour is a Polar Bear's skin under all that lovely fur?
 - a. Black
 - b. Pink
 - c. White
14. What was the claim to fame of Mrs Sirimavo Bandaranaike in July 1960?

15. Where was Mick Fleetwood (of Fleetwood Mac fame) born in 1947?
 - a. Richmond, USA
 - b. Reims, France
 - c. Redruth, UK
 - d. Rotorua, New Zealand

Answers on page 14

Donations

We would like to thank you all for the donations of £21.83 collected from the Spar shop. Please do think of us when collecting your change from your chocolate chip cookies, as it's these donations and the advertising that pay for the printing of this newsletter.

Submission deadline for the September / October edition of the Colan Companion will be 02nd August 2026.

The comments and views are not necessarily those of the editor. PLEASE NOTE to comply with GDPR legislation, we have to ask your permission to hold your details on our records. If you do not wish your birthday and/or wedding anniversary to be printed in the Companion please let the editor know.

Editor: Craig Allen, 6 Vyvyan Drive, Quintrell Downs.

Contact via email at colan_companion@icloud.com



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Quintrell Downs, My Home by Selina

This has been kindly submitted by her daughter Frances Green and will be continued in the subsequent issues.

The Village Shop - old and new



Dorothy Udy's shop and the corn house in the early 1900's

on shelves across the window, and the front of the window was covered in adverts. The advertisements, which were made from tin and then enamelled, were nailed to cover the front of the counter. They consisted of advertisements for Black Polish, Reckitts Blue, Colmans Starch, and a variety of cigarette brands. Outside the shop on the front hedge, we also had a big tin and enamelled advertisement of "Cravan A" cigarettes with a slogan saying 'Will not affect your throat'. On

the large counter we had a small mahogany till box, the scales, and a cabinet containing all the chocolate. We still have one compartment left in the building where small items were displayed, such as jellies and rennet, saffron, caraway seeds and all manner of other small items. There were shelves all around the shop, and a flour hutch that I



Visitors outside the shop; I am pictured on the far right aged about 17.

In the early months of 1935 the village shop, owned by Dorothy Udy, found on the corner at Quintrell Downs closed. It was knocked down, and the door from the cottage where they lived to enter the shop is now boarded up and where the shop was there is now is an empty space in front of the houses that adjoin the Quintrell Inn. My mother had a shop built and bought the large nine pane window from Miss Udy. She opened the shop that same month, January 1935, in the grounds of "Thorn Lea". It remained open until Mrs Carne put up the new shop at the crossroads in 1959; this has now been converted into a Spar shop.

We sold jars of sweets, which were on shelves across the window, and the front of the window was covered in adverts. The advertisements, which were made from tin and then enamelled, were nailed to cover the front of the counter. They consisted of advertisements for Black Polish, Reckitts Blue, Colmans Starch, and a variety of cigarette brands. Outside the shop on the front hedge, we also had a big tin and enamelled advertisement of "Cravan A" cigarettes with a slogan saying 'Will not affect your throat'. On the large counter we had a small mahogany till box, the scales, and a cabinet containing all the chocolate. We still have one compartment left in the building where small items were displayed, such as jellies and rennet, saffron, caraway seeds and all manner of other small items. There were shelves all around the shop, and a flour hutch that I still have. There was no electric in the village at that time; we only had a large ornamental brass oil lamp which hung from the middle of the roof. When electric did come soon after we had a proper ceiling installed and electric light, which made it a lot warmer.

We were open all hours catering for a large area. Young men came and changed their cheques from the farmers they worked for, and both cigarettes and tobacco were in demand. When the shop was open I often served the customers. Some had walked several miles for groceries, so there was a lot of talking going on. Most people

stayed for a chat instead of just buying their goods and leaving; we were a close community and there was always something to discuss. My mum was kept very busy. The fruit was delivered by Thomas's of Bodmin. I remember the large wooden crates with the big oranges inside, the top would be removed to leave compartments, and the whole thing was very strong. Once the contents had gone it was ideal for our chickens to lay their eggs in; one could sit on each side. We altered them by adding a strip of wood to the edge of each crate, so the eggs didn't roll out; we also added straw. The crates were stacked on a long shelf. We had to provide roosting space for about thirty hens and a cockerel, which then produced some chicks. The eggs our hens laid were collected each Thursday by the man from the egg board. When we had chicks we kept the pullets (young cockerels) and fed them up for eating. We did not eat any frozen fowl back then. Corned beef from Argentina came in a sturdy box, it contained twenty four tins. Only now has the last one rotted out - they were made to last.

The sweets were ordered from Tuckett's of Truro, a representative would call and then they would be delivered. The same with all the other provisions, they were ordered quite regularly from Thomas's of St. Austell. This was the biggest delivery of the week; comprising cigarettes and tobacco. We sold many different makes of shag, which my father used in his pipe. The cigarettes we sold were Robin Red Breast, Kensitas, Craven A, Gold Flake, Park Drive, Woodbine, Senior Service, Capstan Full Strength, and Players Please. Some came in packets of five. As we didn't sell any fresh meat Mr Rueben Meaguer the butcher called weekly in his van. The St. Columb Road Co-op van also had everything on board and this is where we bought our bacon. We also sold paraffin, supplied by Mr Matt Richards, which was kept in another building. The depot is still in the village, next to what is now a Spar shop. At that time a lot of people used primus stoves to cook and fry things; we also used the paraffin in our lamp heaters. Back then paraffin was sold by the gallon. I vividly remember Mr Jesse Green who lived at Kestle Mill - he had a bad arm so he used a bicycle to help carry a two gallon can to transport his paraffin. I always felt so sorry for him and often walked back to his cottage with his groceries. During the war the Americans would call into the shop leaving their large covered lorry in the road. It was exciting as they would exchange lovely chocolate biscuits for some groceries from the shop. In our day to day lives we could not forget such treats.



1957 - Mary our first born in the pram outside the shop

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Parc-an-Colan Allotment Association



Summer at the Allotment

There's something special about the allotment in summer. After the careful planning of spring, plots are now bursting into life — rows of beans climbing skywards, strawberries ripening in the sun, and the steady hum of bees drifting between flowers. For many growers, this is the most rewarding time of year, when the first harvests arrive and the hard work begins to pay off.

Greetings everyone, and welcome to Summer

It's also a season of care and attention, with watering, weeding and picking required to keep everything thriving through the warmer months. As baskets begin to fill, the allotment becomes not just a place to grow food, but somewhere to pause, reflect, and enjoy the simple pleasures of the season.

Sowing – A Season of Beginnings

Spring brought with it the familiar excitement of sowing, as plots were carefully prepared and seeds set into the soil with hope for the months ahead. Early crops such as salads, radishes, and early potatoes have already been making an appearance, while beans, courgettes, and tomatoes have been planted out as the weather warmed. Even now, there is still plenty to sow — successive rows of lettuce, carrots, beetroot, and herbs will keep the harvest going well into late summer and beyond. Each seed sown is a small promise, a reminder of the potential that lies ahead on every plot.

Growth – Watching the Plots Come to Life

Over the past few weeks, we've watched the allotment transform. What began as bare soil has quickly become a patchwork of green, with seedlings pushing through and crops gaining strength each day. Climbing beans are starting to reach skyward, potato plants are flourishing, and soft fruit is beginning to form. It's a time of steady care — watering, weeding, and tending — but also one of quiet satisfaction as we see the results of earlier efforts. There's something special about returning to the plot each week and noticing just how much everything has grown.

Harvest – The Rewards of Patience

Now we begin to see the first real rewards of the season. Early harvests are already underway, with fresh salads, herbs, and new potatoes starting to make their way to the table. In the weeks ahead, we look forward to gathering a greater abundance — courgettes, beans, tomatoes, and soft fruits all ripening in turn. The allotment is entering its most productive time, when baskets gradually begin to fill and the hard work of the past months truly pays off.

Sharing – From Plot to Plate

One of the greatest joys of the allotment is not just growing food, but sharing it. Whether it's passing on spare courgettes to neighbours, swapping produce with fellow plot holders, or enjoying meals at home with family and friends, the harvest brings people together. There's a real sense of pride in serving something you've grown yourself — simple, fresh, and full of flavour. From seeds to supper, the allotment is not just about gardening, but about community, connection, and enjoying the fruits of our labour together.

Newquay Garden Centre

We would like to extend our sincere thanks to Newquay Garden Centre for their support and collaboration with the Parc an Colan Allotments. Their encouragement and involvement are greatly appreciated, and we are grateful for their continued support of our local growing community.

Don't Miss Our Allotment Open Day!

Sunday 19th July 2026 | 10am – 2pm

Come and join us for our annual Allotment Open Day — a fantastic opportunity for the whole community to get together, explore the site, and enjoy a relaxed summer day outdoors.

Take a stroll around the allotments, meet our growers, and see what's been flourishing this season. There will be plenty to enjoy, including a tombola, raffle, bricabrac sale, and a produce stall offering homegrown delights. You can also treat yourself to tea, coffee, and homemade cakes while soaking up the friendly atmosphere.

Our Open Day is not only a chance to celebrate our allotment community, but also helps us raise funds to support the upkeep of the site and our chosen charity.

This year, we are proud to be supporting The Wave Project, a charity dedicated to improving young people's mental health and wellbeing. Their work focuses on early support, using the power of surfing to help young people build confidence, resilience, and connection in a fun and positive way.

We'd love to see you there — whether you're a regular visitor or curious to see what the allotment is all about. Bring your friends, bring your family, and enjoy a lovely summer day with us!

Montessori School – Quintrell Downs

Good news at the allotment! We have identified an area at the top end of the site which has been kindly donated for use by the children at the Montessori School.

This will provide a wonderful opportunity for the children to connect with nature and begin to understand where food comes from. Through hands-on activities such as planting, watering, and harvesting, the children will be able to explore the seasons, develop new skills, and enjoy being outdoors.

The allotment space will support learning through play, encouraging curiosity, responsibility, and teamwork, while also promoting wellbeing and a love of the natural environment from an early age. We look forward to seeing the children's plot grow and flourish over the coming months.



Warm regards,

Eddie Howard Chairman, Parc-an-Colan Allotment



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St Colan Parish Church

NEWS

Revd Chris Harrigan is busy getting to know the communities of St Colan, St Columb Minor, St Michael's, St Newlyn East, St Wenn and Withiel and says that he is enjoying travelling around his new area of responsibility on his motor bike! The summer is certainly a good time to be out and about without needing to rely on a car as we gear up for the holiday period.

We send best wishes to those couples getting married at St Colan this summer and wish them a beautiful day and happiness in the future.

SERVICES IN JULY AND AUGUST

Everyone is welcome at the 9.30 am Sunday services at St Colan with Eucharist in July on the 12th (Revd Chris) and 19th (Revd Deb) and in August on the 9th (Revd Chris) and 16th (Revd Deb). Claire will lead morning worship on the 5th and 26th of July and the 2nd and 23rd of August.

On Sunday 31st of August, all are invited to St Columb Minor, for an 11.00 am combined service with Revd Chris presiding. There will not be a 9.30 am service at St Colan on that day.

CONTACT

For general enquiries or if you would like to discuss plans for weddings or baptisms, please come and meet us on a Sunday morning or email: secretary1@towanblystra.org

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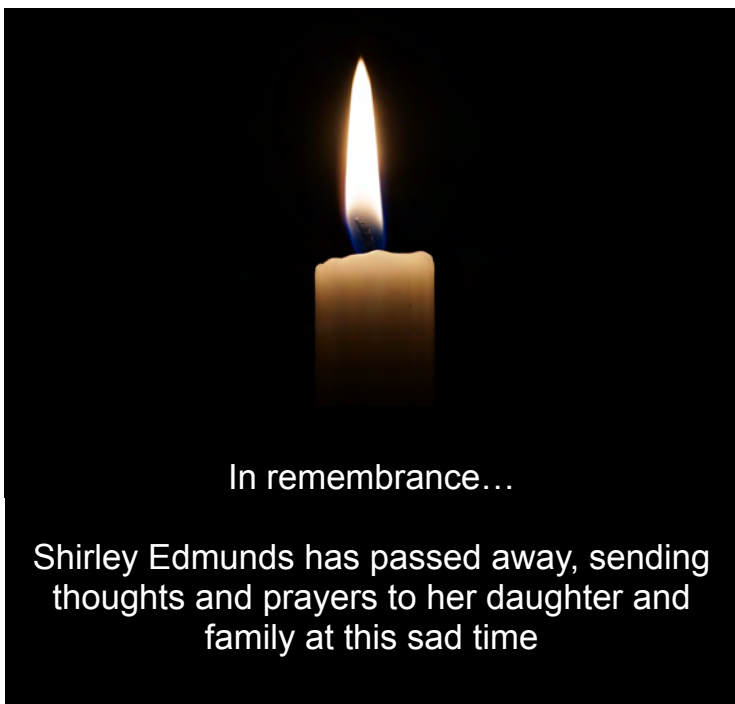
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DO YOU THINK I'M MADE OF MONEY?
WERE YOU BORN IN A BARN?
BECAUSE I SAID SO
STOP CRYING OR I'LL GIVE YOU SOMETHING TO CRY ABOUT
IF THE WIND CHANGES DIRECTION YOUR FACE WILL STAY LIKE THAT
DON'T PICK YOUR NOSE, YOUR HEAD WILL CAVE IN
WHEN IS WAS YOUR AGE.....
THIS'LL HURT ME MORE THAN IT'LL HURT YOU
JUST WAIT UNTIL YOUR FATHER GETS HOME
DON'T COME RUNNING TO ME IF YOU BREAK YOUR LEGS
COME HOME WHEN THE STREET LIGHTS COME ON
WHO DO YOU THINK YOU ARE, THE QUEEN OF SHEBA?
I'LL TELL YOU WHEN YOU'RE OLDER
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WHO DIED AND MADE YOU THE BOSS?
THIS ROOM IS LIKE A PIGSTY

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COLAN CWIK CWIZ ANSWERS

1. The letter E
2. c. Greenland
3. The Irish actress Jessie Buckley
4. c. David Herbert
5. There were six colours - Red, Blue, Green, Yellow, Black and White
6. It was first run in 1981, with just over 6000 runners, compared with 66383 this year!
7. The French company Renault
8. a. Edward
9. a. Q id the answer. X is in Texas and Z is in Arizona
10. It is called a Cygnet
11. It is Zinc
12. The Cuckoo. They never build their own nests nor raise their young. This is known as 'Brood Parasitism'
13. Under the lovely white fur, a Polar Bears skin is black
14. She became the world's first female Prime Minister (of Ceylon, now Sri Lanka)
15. Mick Fleetwood was born in Redruth Hospital, Cornwall



July

3rd Chelsea Jenkins
5th Kathy Powell
6th Sally Woodward
7th Martyn Loveday
11th Joyce Reeder
16th Thomas
Derbyshire
17th Beryl Sudlow
19th Gladys Knapp
24th Pat Green
26th John Clogg
26th Erin Burt
28th Jemima Burt
28th Joshua Cavley
29th Chris Cummins

August

3rd Meghan-Jane
Garlick
5th Roger Rundle
8th Hannah Rundle
8th Debbie Rundle
9th Matthew
Armstrong
18th Barbara Coles
30th Christopher
Glanville



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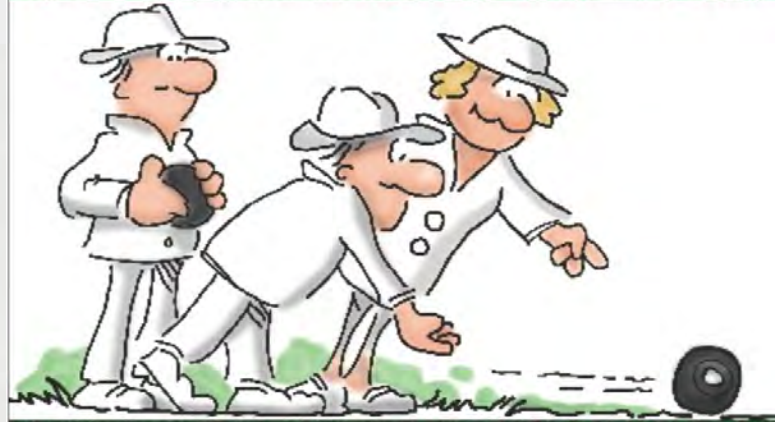
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Down on Willow Farm...

On Willow Farm we have been enjoying the warmer dryer weather while it lasts. The Calves have had there TB test which in England we are legally required to do unlike Germany which became Bovine Tuberculosis free since 1996. We rounded them up with a helping hand from a good friend, who knew what he was doing. The lovely local vet came, she put on a belt and placed her equipment into the pockets, two injection guns, a measure rule and an electric razor, each calf was caught and held while the vet razored injected and measured as quick as lightening, the calves really didn't know what had happened, they were then released back into the shed. The vet remarked on how friendly and lovely the calves were, as they kept kissing / licking her. Four days later the vet revisited with her measuring tool and inspected our calves, they enjoyed her visit, as they have all been given a clean bill of health.

All the family popped over for the day, they thought they were coming for a Bar B Q, they were but first we needed to release the calves into one of our fields. Mark the better half, had strimmed the edges and then place a electric fence, this would be the first time that our calves had been outside never mind an electric fence, they were confused at first, but as more of the calves joined them they were less confused. It was a very hot day and the first thing they found was a wet muddy area to cool down. Most of the calves had managed not to touch the electric fence, which they are now fully aware off and appear to smell it from a distance, and keep well clear, unless they think they can just reach that blade of grass. We don't like it when we hear a calve touching the electric fence especially if we are stood nearby, as it makes us jump too. Unlike our pigs that used this field the calves are not digging up the trees, instead they are enjoying sheltering under the trees from the sun or rain.

Our geese decided to shelter in our house porch which shocked us, I went to go outside and they were fast asleep on the rug, keeping cool. It made me laugh, unlike the better half, I have been told to keep all of the farm gates closed, oops.

Mark And I were going to attend The Royal Cornwall Show on Saturday where we were going to volunteer to help raise awareness and funds for Farm Cornwall Charity which have been going for over 25 years and has supported 600 farms with all aspects be it finance family or health, but unfortunately the show was cancelled due to awful weather, hopefully the weather will start picking up soon for all to enjoy.

Best Wishes from Farmer Mark, Sue and calves.



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